



Employee Assistance Program (EAP)

MINES and Associates

SUCAP provides an Employee Assistance Program for all employees. You and your immediate family members are entitled to up to **8 counseling sessions per issue***, per contract year, at no cost to the employee. When you call in for a referral, you can choose to be scheduled for a face-to-face appointment or you may choose to access your sessions telephonically. You may also choose from the MINES network which includes: Ph.D., PMFT, LPC, and LCSW.

The use of your EAP program is strictly confidential and available 24/7. We are here to help with the everyday issues that come up in your life.

*Per issue: Separate and distinct situations. A MINES case manager will review requests for additional sets of sessions.

Financial/Legal Benefits

Each employee is entitled to one initial 30-minute office or telephone consult per separate legal matter at no cost with a network attorney. You also have financial counselors to advise you via telephonic consultations that are limited between thirty and six minutes per issue. Other tools under the MINES financial/legal benefit include mediation, tax consultation and preparation, and "Do-it-Yourself" legal forms and document preparation.

Online Benefits

Your online Personal Advantage page contains thousands of resource articles, self-search locators, interactive online training, wellness self-assessments, and videos. You will also find a wealth of online resources under categories ranging from grief and loss to managing your 401k.

Visit: www.MINESandassociates.com

Your log-in information is: USERNAME: **sucap** PASSWORD: **employee**